# Attempts to identify the molecular cause of autoinflammatory recurrent fever

## Oksana Boyarchuk D, Diana Savkiv

Department of Children's Diseases and Pediatric Surgery, I. Horbachevsky Ternopil National Medical University, Ukraine

#### Abstract

Systemic autoinflammatory diseases caused by dysregulation of the innate immunity are a known cause of recurrent fevers. We present the molecular diagnosis results of 12 children with recurrent fever, analyzing the correlation between molecular findings and clinical symptoms. No pathogenic variants confirming autoinflammatory disease were found. One child was diagnosed with SRP54 deficiency, linked to congenital neutropenia with a cyclic pattern. Variants of uncertain significance were found in 6 patients in genes associated with autoinflammatory disorders, though two lacked clinical correlation. Variants of uncertain significance in the *NLRC4* gene were detected in 2 patients with periodic fever, aphthous stomatitis, pharyngitis, adenitis (PFAPA) syndrome, in the *PLSG2* gene in 1 child with systemic juvenile idiopathic arthritis, and in the *MEFV* gene in 1 patient with syndrome of uncertain recurrent fever. COVID-19 was identified as a triggering factor in 54.5% of cases. Further research is needed to clarify the role of genetic variants and environmental factors in recurrent fevers.

Key words: molecular diagnosis, autoinflammatory diseases, systemic juvenile idiopathic arthritis, recurrent fever.

## Introduction

Recurrent fever always raises concerns among patients and their parents, leading to frequent medical consultations with different specialists and often posing a challenge for physicians. Various conditions, including malignancy, infectious diseases caused by viruses or other pathogens, autoimmune diseases, inborn errors of immunity (IEI), and autoinflammatory diseases, may be accompanied by periodic fever [1]. As a result, patients with recurrent fevers often undergo a lengthy diagnostic process to establish a diagnosis, and in some cases, the cause remains unidentified [2, 3].

Recurrent fever is defined by at least 3 episodes of unexplained fever within 6 months [1–3]. Important criteria for diagnosing recurrent fever syndromes include the duration of each fever episode, the interval between fever episodes, symptoms associated with each episode, such as rash, abdominal pain, arthritis or arthralgia, chest pain, and the child's well-being between fever episodes [1, 3].

Systemic autoinflammatory diseases (SAIDs) caused by dysregulation of the innate immune system leading

to systemic inflammation are one of the known causes of recurrent fevers [1, 4]. They can be monogenic, multigenic, or multifactorial. The most common monogenic autoinflammatory diseases include familial Mediterranean fever (FMF), mevalonate kinase deficiency, familial cold autoinflammatory syndromes (FCAS), Blau syndrome, and others. Multigenic autoinflammatory syndromes in childhood include periodic fever with aphthous stomatitis, pharyngitis, and adenitis (PFAPA) syndrome, systemic juvenile idiopathic arthritis (sJIA), Behçet's disease, and chronic recurrent multifocal osteomyelitis [5, 6].

Additionally, certain genes, particularly *NLRP3*, can cause three different diseases with varying severity and clinical manifestations: Muckle-Wells syndrome, FCAS, and neonatal onset multisystem inflammatory disease or chronic infantile neurologic cutaneous and articular syndrome [7].

Diagnosis is based on clinical presentation and genetic testing. To date, more than 50 genes associated with autoinflammatory diseases have been identified [7]. Systemic autoinflammatory diseases can have an auto-

#### Address for correspondence:

Oksana Boyarchuk, Department of Children's Diseases and Pediatric Surgery, I. Horbachevsky Ternopil National Medical University, 1 m. Voli, Ternopil, 46001, Ukraine, e-mail: boyarchuk@tdmu.edu.ua

Submitted: 04.07.2024; Accepted: 29.09.2024

somal-dominant or autosomal-recessive inheritance pattern. Specific diseases, such as FMF, can be inherited both autosomal-dominantly, usually with the M694del variant, and autosomal-recessively. However, in about 30–60% of patients, genetic tests cannot confirm the diagnosis, but they still have clinical manifestations [2, 8].

In the presence of clinical symptoms, particularly recurrent fever, in the absence of a molecular diagnosis and criteria for PFAPA, a diagnosis of undifferentiated recurrent fever (SURF) is justified [2, 8].

Timely diagnosis of autoinflammatory diseases is crucial for appropriate treatment and prevention of complications. The kidneys are one of the organs most affected by autoinflammatory and autoimmune diseases. Delay in diagnosis can lead to complications such as amyloidosis and subsequently renal failure. Nonamyloidrelated damage can also affect the kidneys due to inflammasome activation, such as IgA nephropathy and different types of glomerulonephritis [9].

The aim of our study was to analyze the role of molecular diagnosis in the occurrence of recurrent fever syndrome in children, as well as to analyze the results of our molecular diagnostic research in children with recurrent fever and their correlation with clinical manifestations.

## Material and methods

A case study is presented as a basis for the discussion: a single-center study that involved 39 children aged 1–17 years with suspected IEI, who underwent genetic testing. Among them were 12 children with recurrent fever syndrome.

Suspicion of IEI based on warning signs of primary immunodeficiency (PID), developed by the Jeffrey Modell Foundation (JMF) Medical Advisory Board [10] or other clinical signs of IEI [11], was the basis for referral for genetic testing. Sequence analysis and deletion/duplication testing of the 407/429 genes (Invitae Primary Immunodeficiency Panel) were conducted in the Invitae laboratory, USA, in 24 children. Testing was performed from 2020 to 2022. Veritas' Customized Exome Panel, based on whole-exome sequencing with analysis of the variants of primary immunodeficiencies panel that includes 575 genes, was used in 15 children from 2023 to 2024.

Children with malignancy, recurrent fevers caused by viral infections, typical autoimmune diseases, and typical PFAPA syndrome [3] were not referred for genetic testing and, accordingly, were not included in the study.

A thorough analysis of the correlation between molecular diagnosis and clinical symptoms was conducted in patients with recurrent fevers, and in identifying autoinflammatory gene variants in other patients suspected of IEI. According to the classification criteria for autoinflammatory recurrent fevers [3], a confirmatory genotype was considered pathogenic or likely pathogenic variants: heterozygous in autosomal dominant diseases, homozygous or compound heterozygous in autosomal recessive diseases. Variants of uncertain significance (VUS) were considered non-confirmatory genotypes. For FMF, a confirmatory genotype was considered to be a trans-compound heterozygote for one pathogenic *MEFV* variant and one VUS, or biallelic VUS, or heterozygous for one pathogenic *MEFV* variant. Benign or likely benign variants were excluded.

The study adhered to the guidelines outlined in the 1975 Declaration of Helsinki (revised in 2000) and received approval from the Ethics Committee of I. Horbachevsky Ternopil National Medical University, Protocol No 60 of September 1, 2020. Informed consent was obtained from all patients and/or their parents.

Descriptive statistics were used, with data presented as the mean and standard deviation (SD).

We performed a search in the PubMed Medline database using the specified search terms: "autoinflammatory recurrent fever", "recurrent fever", "undifferentiated recurrent fever", "PFAPA" and "molecular diagnosis". We included relevant full-text articles in English that were published between January 2014 and July 2024.

## **Case description**

Among the 39 children with suspected IEI who underwent genetic testing, there were 21 boys (53.8%). The age of the patients ranged from 1 to 17 years, with an average age of 8.6  $\pm$ 5.2 years. The JMF warning signs of PID were observed in 15 (38.5%) children, while the rest had other signs of IEI.

Genetic testing revealed from 1 to 13 variants in the PID genes in each patient; most of these variants were VUS. Pathogenic or likely pathogenic variants were identified in 19 (48.7%) children. Ten of them were diagnosed with primary immunodeficiency, while the rest were carriers of pathogenic or likely pathogenic variants. In total, 19 children (48.7%) had variants in genes associated with autoinflammatory-related disorders, and only 2 children had pathogenic or likely pathogenic variants in *IL36RN* and *MEFV* genes, 3 children had an increased risk allele in *NOD2*, and the rest had VUS. The most frequently observed variants were in the *MEFV* gene (4 children) and *NOD2* gene (3 children).

One 16-year-old patient with recurrent abdominal pain and recurrent edema was suspected of and diagnosed with hereditary angioneurotic edema (HAE). Detection of a pathogenic variant in the *SERPING1* gene confirmed the HAE diagnosis. However, the boy was also found to have a heterozygous missense variant in the *MEFV* gene (c.2082G>A (p.Met694lle)), classified as pathogenic and associated with *MEFV*-related disorders, although he currently shows no signs of the disease.

Recurrent fever was observed in 12 patients, of whom 7 were boys (58.3%). The age of the patients ranged from 1 to 16 years, with an average age of 8.5  $\pm$ 3.9 years. The analysis of the identified genes associated with autoinflammatory-related disorders in patients with recurrent fever and their correlation with clinical symptoms is presented in Table I.

No patient was found to have pathogenic variants in genes that could confirm an autoinflammatory disease. One girl (patient 6) with recurrent fever, stomatitis, gingivitis, and severe neutropenia in the blood test was found to have SRP54 deficiency with a cyclic pattern of neutropenia, causing recurrent fever every 2–3 weeks. This case was detailed in our previous publication [12].

Variants of uncertain significance in genes associated with autoinflammatory-related disorders with autosomal dominant inheritance were found in 6 patients. Two of them (patients 10 and 11) showed no correlation with clinical manifestations. In patients 1 and 2, VUS was identified in the *NLRC4* gene with an autosomal dominant inheritance pattern. These patients had recurrent fever episodes resistant to antipyretic therapy, tonsillitis/ pharyngitis, lymphadenopathy, and high acute-phase reactants during fever episodes. Additionally, patient 1 had dysmorphic facial features, and patient 2 had recurrent otitis, which led to genetic testing. Exclusion of other causes of fever and meeting PFAPA criteria allowed for this diagnosis in both cases.

Patient 3 presented systemic symptoms: fever, abdominal pain, erythematous rash, lymphadenopathy, arthralgia, hepatosplenomegaly, elevated acute-phase reactants, and no arthritis. Sudden hormone withdrawal and infection led to the development of macrophage activation syndrome (MAS) with coma. Additionally, the boy had neurological disorders with epilepsy, prompting genetic testing. A VUS in the *PLSG2* gene, associated with FCAS and autoinflammation, could have influenced the disease's development.

Patient 4 had 3 episodes of antipyretic-resistant fever accompanied by a hyperinflammatory response (high erythrocyte sedimentation rate [ESR] and C-reactive protein [CRP]) over 6 months. The first high fever episode occurred three weeks after pneumonia, possibly caused by COVID-19 (positive serology). Apart from high fever, resistant to non-steroidal anti-inflammatory drugs (NSAIDs), the boy had arthralgia, fatigue, and high acutephase reactants. Multisystem inflammatory syndrome (MIS) associated with COVID-19 was ruled out. Subsequent febrile episodes occurred 2–3 weeks after mild viral infection with low-grade fever. The patient's family history is unremarkable. Complete blood count showed moderate lymphopenia, neutrophilia, and elevated ESR and CRP during fever episodes. Between episodes, ESR and CRP were normal. Immunoglobulin levels and lymphocyte subpopulation markers were unremarkable except for elevated immunoglobulin (Ig) E (589 IU/ml). The boy is also being followed up for bronchial asthma and receives inhaled glucocorticosteroids (GCs) for control. Genetic examination revealed a missense variant in the MEFV gene (c.2084A>G), known as K695R and classified as VUS. According to the Eurofever/PRINTO classification criteria for recurrent fevers, particularly FMF, our patient lacked the confirming *MEFV* genotype and needed two of four signs: fever duration of 1-3 days, chest pain, abdominal pain, arthritis. Our patient only had arthralgia, precluding a FMF diagnosis at this stage. Thus, the boy was diagnosed with SURF.

Patient 5 had periodic fever with pronounced symptoms of interstitial lung disease (ILD), lymphopenia, and hypogammaglobulinemia. Immunosuppressive therapy with GCs and intravenous immunoglobulins had a positive initial effect on the course of the disease, but led to severe osteoporosis with vertebral compression fractures. Genetic testing did not detect any confirmatory genotype. The girl died of progressive ILD.

Patient 7 presented with a severe course of sJIA, and patient 8 presented with recurrent pericarditis. No gene variants associated with autoinflammatory diseases were detected in them.

Patient 9 had recurrent fever episodes predominantly in September and February. These fever episodes first appeared after COVID-19. Apart from fever, headache, and elevated CRP and ESR, no other inflammation signs were observed. Immunoglobulin E was consistently high (1,000–3,700 IU/ml) without significant allergy symptoms. Notably, COVID-19 IgM remained elevated for over a year. Up to 7 years old, the girl had classic PFAPA syndrome. Unexpectedly, no variants associated with autoinflammatory disorders were found in the girl.

Patient 12 with spina bifida and hydrocephalus was admitted with prolonged fever, rash on the trunk and limbs, high leukocytosis (up to  $42 \times 10^{9}$ /l), neutrophilia, thrombocytosis, elevated acute-phase reactants (CRP over 100 mg/l, ESR up to 54 mm/h). A high level of COVID-19 antibody titers was detected. Sepsis, shunt infection, urinary tract infection, MIS-C, autoimmune diseases, and allergic rash were ruled out. The first fever episode lasted over a month, poorly managed by NSAIDs, and recurred. Glucocorticosteroid therapy controlled fever episodes but not the rash, which periodically recurred. The child was referred for genetic testing for autoinflammatory disease. No autoinflammatory disease genes were found. The boy continues systemic GCs,

ers
eč
lt f
e,
un
ecu
Ļ
vit
ts v
ent
atie
d
.⊑
ers
rder
so
qi
ed
lat
-re
Ż
ato
nma
am
lla
oi:
aut
~
vitł
< م
ate
ass
es
en
00
te
tec
dete
g
an
ns
sig
al
nic
:i
Ϋ.
able I
Tab
-

1. M 4 Recurrent fe   2. M 6 Recurrent fo   3. M 6 Recurrent fo   3. M 8 Recurrent fo   4. M 7 Recurrent fo   5. F 11 Recurrent fo   6. F 11 Recurrent fo   7 Recurrent fo Image react   7 Recurrent fo Image react   8. F 10 Recurrent fo   9. F 15 Recurrent fo   9. F 15 Recurrent fo   10. M 8 Recurrent fo		NLRC4 NLRC4 PLSG2 MEFV	c.2084A>G (p.Lys695Arg)	VUS	+~ -	AD		рғара
0     11     1     3     6       12     15     10     11     7     8     6		NLRC4 PLSG2 MEFV	- 0,000 T		нет		FLAS, MAS	
8 10 11 7 8 8 10 16 16 18 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8		PLSG2 MEFV	c.928U>1 (p.Arg310*)	VUS	Het	AD	FCAS, MAS	PFAPA
7 11 16 16 8 8 8 8 8 8	m, te,	MEFV	c.313G>A (p.Val105lle)	VUS	Het	AD	PLCG2-associated antibody deficiency and immune dysregulation (PLAID), FCAS, autoinflammation	sJIA, MAS, epilepsy
11 10 10 10 10 10 10 10 10 10 10 10 10 1			c.2084A>G (p.Lys695Arg) (K695R)	VUS	Het	AD, AR	FMF	SURF
10 16 8 10 10 16 16 16 16 10 10 10 10 10 10 10 10 10 10 10 10 10		SAMHD1	c.8G>T (p.Arg3Leu)	VUS	Het	AR	AGS, FCL	Uncertain hypogamma- globulinemia, ILD
8 16 8	stornautus, gingivitus, cyclic neutropenia, constipation	SRP54^	c.349_351del (p.Thr117del)	Ъ	Het	AD	SRP54 deficiency	SRP54 deficiency, cyclic pattern
16 15 8	Recurrent prolonged fever, rash, arthralgia	ND	I	I	I	1	1	SJIA
8 15	ever, recurrent	ND	1	I	1	1	I	Recurrent pericarditis
ø	Recurrent fever, high IgE, PFAPA up to 7 year	ND	1	I	1	1	Ŀ	Post-COVID
	Recurrent fever, IBD, proteinuria	IFIH1	c.2807+1G>A	VUS	Het	AD	AGS, Singleton-Merten syndrome	IBD
11. M 7 JIA, resi recurre hyperte chronic retarda pneum	JIA, resistant to treatment, recurrent fever, ADHD, hypertension, seizures, chronic adenoiditis, growth retardation, recurrent pneumonias	IL36RN SH3BP2	c.338 C>T (p.Ser113Leu) c.671 A>G (p.His224Arg)	LP VUS	Het Het	AR AD	Pustular psoriasis Cherubism	JIA, psychogenic fever
12. M 2 Recurre inflamr hydroce	Recurrent fever, rash, high inflammatory markers, SB, hydrocephalus	QN	1	I	1	1	1	uSAID
*Age at diagnosis. <sup>A</sup> This gene is not associated with AID but is associated with recurrent fever. AD – autosomal dominant, AGS – Aicardi-Goutieres syndrome, AID – autoinflammatory disease, AR – autosomal recessive, FCAS – familial cold autoinflammatory syndrome, FCL – familial AD – autosomal dominant, AGS – Aicardi-Goutieres syndrome, AID – autoinflammatory bowel disease, ILD – interstitial lung disease, LP – likely pathogenic, MAS – macrophage activation syndrome, NA – not available, ND – not detected, P – pathogenic, FFAPA – periodic fever with aphthous formatitis, pharyngitis, SB – spina bifda, SURF – syndrome of undeferent active and the state of the	AID but is associated with Aicardi-Goutieres syndrom diterranean fever, Het – he – not detected, P – pathog	recurrent feve e, AID – autoi terozygous, IB, enic, PFAPA – J	r. Jflammatory disec D – inflammatory veriodic fever with	15e, AR – auto. bowel disease aphthous sto	somal recessive, , ILD – interstitic matitis, pharync	FCAS – familial. Al lung disease, L gitis, and adeniti	ted with recurrent fever. Syndrome, AID – autoinflammatory disease, AR – autosomal recessive, FCAS – familial cold autoinflammatory syndrome, FCL – familial Het – heterozygous, IBD – inflammatory bowel disease, ILD – interstitial lung disease, LP – likely pathogenic, MAS – macrophage activation – pathogenic, PFAPA – periodic fever with aphthous stomatitis, pharyngitis, and adentits, SB – spina bifda, SURF – syndrome of undeferential	re, FCL – familial acrophage activation drome of undeferential

with no fever episodes but periodic rash exacerbations. Acute-phase reactants show positive dynamics.

## Discussion

The development of molecular diagnostics has not only increased the capabilities for diagnosing rare diseases but also posed more challenges for doctors, especially regarding the significance of VUS in diagnosing various diseases and the influence of these variants on the clinical manifestations of diseases. Every year, new genes associated with autoinflammatory diseases and other IEI are discovered [7].

For instance, FMF was previously considered a disease inherited in an autosomal-recessive pattern. However, today, there is substantial evidence for autosomaldominant inheritance, particularly for the M694del variant [13]. The 2019 IEI classification notes that the MEFV inheritance pattern can be both autosomal dominant and autosomal recessive [14]. Even within one family, different clinical manifestations and varying gene expressivity can be observed [15, 16]. Regarding our four patients with identified variants in the MEFV gene, among whom three had VUS and one had a pathogenic variant, all were heterozygous. Only one patient exhibited symptoms of recurrent fever (patient 4). This variant has been observed in FMF patients and other autoinflammatory diseases in both homozygous and compound heterozygous states [15, 17, 18], and in a compound heterozygous state in asymptomatic individuals [18]. In most cases, the variant had a mild effect or reduced penetrance [13, 17]. Moreover, several individuals with the p.Lys695Arg variant in a heterozygous state without a second pathogenic variant exhibited clinical symptoms of FMF [19, 20]. This variant is listed in ClinVar and classified as pathogenic/likely pathogenic by 13 submitters, as a variant of uncertain significance by 9 submitters, and as a probable benign variant by one submitter. According to the American College of Medical Genetics and Genomics and the Association for Molecular Pathology criteria, the p.Lys695Arg variant was classified as a variant of uncertain significance for MEFV-related disorders [21]. Our patient did not have sufficient clinical criteria for FMF diagnosis at this stage, but the gene could play a role in the development of hyperinflammation, and the SARS-CoV-2 infection might have triggered its development. A recent publication demonstrated that in vitro functional analysis of pyrin inflammasome activation can distinguish SURF from FMF and PFAPA patients, indicating the involvement of the pyrin inflammasome in SURF's pathophysiology [22].

The genetic basis for the development of PFAPA syndrome is recognized by many researchers, considering familial cases of the disease. However, a thorough exome analysis did not reveal common genes associated with PFAPA [23]. The authors concluded that the PFAPA syndrome might have high genetic heterogeneity. This hypothesis is supported by other studies investigating the role of autoinflammatory genes, particularly AIM2, MEFV, NLRP3, and MVK, in the development of PFAPA [24]. Researchers found various MEFV and NLRP3 gene variants and concluded that PFAPA is a multifactorial disease with low-penetrance effects in different genes combined with epigenetic and environmental factors, leading to a homogeneous clinical picture. Another study examined MVK, TNFRSF1A, and MEFV genes in PFAPA patients [25]. Regarding the NLRC4 gene, whose VUS was found in our patients 1 and 2, its role in PFAPA development has not been studied. However, pathogenic variants of this gene cause NLRC4-MAS and FCAS4, which are defects affecting the inflammasome [7]. NLRC4 is an important regulator of innate immunity, detecting bacterial virulence factors. The NLRC4 inflammasome is activated by flagellin or without it during bacterial exposure, leading to increased IL-1 $\beta$ , IL-18 secretion, and macrophage activation [7, 26]. Literature data indicate the development of recurrent fever, rashes, and other symptoms in patients with various NLRC4 gene variants [26, 27]; hence it would be interesting to further investigate the role of this gene in PFAPA development.

In general, the characteristic clinical picture and good physician awareness make diagnosing PFAPA syndrome straightforward [28]. However, an atypical disease course requires genetic testing to exclude other autoinflammatory diseases.

Three patients were diagnosed with JIA, two of whom had the systemic variant, with one case complicated by MAS. Activation of the innate immune system plays a major role in the pathogenesis of sJIA, leading to cytokine release and systemic symptoms [6, 29]. Inflammasome activation also plays an important role in sJIA development [29]. Genomic studies have shown a wide range of genes associated with sJIA not found in other types of arthritis, confirming their different genetic backgrounds [30], although further research is needed to determine the role of specific genes in sJIA development. The role of the PLSG2 gene in sJIA development has not been studied yet, but considering its role in autoinflammation via IL-1 pathway activation [7], it can be assumed that this gene and its variant may play a role in fever and systemic manifestations development. A recent study [31] confirmed broader genotypic and phenotypic correlations of functional variants in PLCG2, including a novel form of inflammatory diseases in carriers of heterozygous variants, highlighting the need for further research into the role of these gene variants in inflammatory disease development. Today, sJIA is considered a multifactorial autoinflammatory disease.

Two patients with recurrent fever, who did not have a confirming molecular diagnosis and did not meet PFAPA criteria, were diagnosed with SURF (patient 4) or undifferentiated autoinflammatory disease (uSAID) (patient 12). These conditions are diagnoses of exclusion and require ruling out not only PFAPA but also other autoinflammatory diseases through molecular diagnostics [2]. Fever episodes in SURF recur less frequently, with most cases having a history of past infections, including streptococcal pharyngitis, otitis media, sinusitis, and/ or pneumonia [1]. In our cases, it was COVID-19. Other authors note that NSAID therapy can be effective in most patients [1], but in our cases, patients required GC therapy - short-term in one case to manage fever episodes and long-term in the other, where the child is on prolonged GC therapy. Although SURF and uSAID are considered synonymous [32], in our first case, fever was the primary symptom without other significant signs, while in the second case, fever was accompanied by a rash, which is currently the dominant symptom. Therefore, in our opinion, the term uSAID is more appropriate in this case.

Each year, new data emerge on the contribution of novel variants of various genes to the development of autoinflammatory diseases [33]. Therefore, presenting new variants may be important for further research.

In 6 out of 11 (54.5%) of our children with recurrent fever (excluding the child with neutropenia), the triggering factor was COVID-19. Another child developed hyperinflammatory symptoms with interstitial lung disease after a viral infection episode a year before the COVID-19 pandemic.

Overall, COVID-19 and its consequences, particularly MIS-C, can mask autoinflammatory syndromes due to similar clinical symptoms: fever, rash, arthralgia or arthritis, pronounced acute-phase inflammatory markers [34–36]. On the other hand, viruses can trigger flare of autoinflammatory diseases [1]. Recurrent fever syndrome has been reported in patients with MEFV gene polymorphisms [37] after COVID-19. Inflammasomes activated in response to SARS-CoV-2 infection are also associated with COVID-19 severity. A clear mechanism by which the SARS-CoV-2 N protein promotes NLRP3 inflammation activation and induces excessive inflammatory reactions has been described [38]. Post-COVID or long-COVID symptoms also include hyperthermic syndrome, fatigue, weakness, arthralgia, myalgia [39], which can complicate the diagnosis of autoinflammatory diseases and lead to their overdiagnosis.

In general, diagnosing congenital recurrent fever syndromes can be challenging, especially during the first episodes when there is no specific periodicity of symptoms, or if there is no regularity. Increased awareness of congenital autoinflammatory diseases with recurrent fever syndrome will improve their diagnosis and allow for appropriate treatment, preventing complications such as renal involvement [40].

A limitation of this study is the small sample size, restricted to research within a single center. However, we believe that our results could be interesting and potentially expand the range of genes to study in PFAPA syndrome, JIA, particularly *NLRC4* and *PLSG2* gene variants. Accumulating data will allow further research to be planned.

#### Conclusions

Diagnosing diseases presenting with recurrent fever syndrome can be challenging, and genetic testing does not always confirm the diagnosis. In the presence of neutropenia, congenital neutropenia with a cyclic pattern should be excluded. The presence of various gene variants associated with autoinflammatory-related disorders, even with low penetrance, combined with epigenetic and environmental factors, may contribute to the clinical presentation of the disease. The SARS-CoV-2 infection can trigger recurrent inflammatory reactions. The prevalence of various gene variants, especially VUS, associated with autoinflammatory diseases is high (48.7%) among children suspected of IEI, but the causal role of each gene variant in disease development must be carefully confirmed.

Further research into the role of gene variants, including those with low penetrance, and other factors may help identify the causes of recurrent fevers and prescribe appropriate targeted therapy.

#### Acknowledgments

We express our gratitude to the Jeffrey Modell Foundation for the opportunity to participate in the "Jeffrey's Insights" Program, which offers no-cost genetic sequencing to patients with a suspected primary immunodeficiency.

# Disclosures

#### *Conflict of interest*: The authors declare no conflict of interest.

*Funding*: The research did not receive any specific grant from funding agencies in the public, commercial or not-for-profit sectors.

*Ethics approval*: The study was approved by the Bioethical Committee of the I. Horbachevsky Ternopil National Medical University, with approval number: 60.

Data availability: The data that support the findings of this study are available on request from the corresponding author (O.B.).

#### References

- Broderick L, Hoffman HM. Pediatric recurrent fever and autoinflammation from the perspective of an allergist/immunologist. J Allergy Clin Immunol 2020; 146: 960–966.e2, DOI: 10.1016/j.jaci.2020.09.019.
- Papa R, Penco F, Volpi S, et al. Syndrome of Undifferentiated Recurrent Fever (SURF): An Emerging Group of Autoinflammatory Recurrent Fevers. J Clin Med 2021; 10: 1963, DOI: 10.3390/ jcm10091963.
- Gattorno M, Hofer M, Federici S, et al.; Eurofever Registry and the Paediatric Rheumatology International Trials Organisation (PRINTO). Classification criteria for autoinflammatory recurrent fevers. Ann Rheum Dis 2019; 78: 1025–1032, DOI: 10.1136/ annrheumdis-2019-215048.
- Krainer J, Siebenhandl S, Weinhäusel A. Systemic autoinflammatory diseases. J Autoimmun 2020; 109: 102421, DOI: 10.1016/ j.jaut.2020.102421.
- Efthimiou P, Petryna O, Nakasato P, Kontzias A. New insights on multigenic autoinflammatory diseases. Ther Adv Musculoskelet Dis 2022; 14: 1759720X221117880, DOI: 10.1177/ 1759720X221117880.
- Boyarchuk O, Kovalchuk T, Kovalchuk N, Chubata O. Clinical variability of the systemic juvenile idiopathic arthritis course: literature review based on case series. Reumatologia 2020; 58: 436–443, DOI: 10.5114/reum.2020.102010.
- Tangye SG, Al-Herz W, Bousfiha A, et al. Human Inborn Errors of Immunity: 2022 Update on the Classification from the International Union of Immunological Societies Expert Committee. J Clin Immunol 2022; 42: 1473–1507, DOI: 10.1007/s10875-022-01289-3.
- Sutera D, Bustaffa M, Papa R, et al. Clinical characterization, long-term follow-up, and response to treatment of patients with syndrome of undifferentiated recurrent fever (SURF). Semin Arthritis Rheum 2022; 55: 152024, DOI: 10.1016/j.semarthrit.2022.152024.
- Hegazy MT, Fayed A, Nuzzolese R, et al. Autoinflammatory diseases and the kidney. Immunol Res 2023; 71: 578–587, DOI: 10.1007/s12026-023-09375-3.
- Subbarayan A, Colarusso G, Hughes SM, et al. Clinical features that identify children with primary immunodeficiency diseases. Pediatrics 2011; 127: 810–816, DOI: 10.1542/peds.2010-3680.
- Boyarchuk O, Dmytrash L. Clinical Manifestations in the Patients with Primary Immunodeficiencies: Data from One Regional Center. Turk J Immunol 2019; 7: 113–119, DOI: 10.25002/tji. 2019.1168.
- Erdős M, Boyarchuk O, Maródi L Case Report: Association between cyclic neutropenia and SRP54 deficiency. Front Immunol 2022; 13: 975017, DOI: 10.3389/fimmu.2022.975017.
- Dundar M, Fahrioglu U, Yildiz SH, et al.; National Genetics Consortium Study. Clinical and molecular evaluation of MEFV gene variants in the Turkish population: a study by the National Genetics Consortium. Funct Integr Genomics 2022; 22: 291–315, DOI: 10.1007/s10142-021-00819-3.
- 14. Bousfiha A, Jeddane L, Picard C, et al. Human Inborn Errors of Immunity: 2019 Update of the IUIS Phenotypical Classification. J Clin Immunol 2020; 40: 66–81, DOI: 10.1007/s10875-020-00758-x.

- Balta B, Erdogan M, Kiraz A, et al. A comprehensive molecular analysis and genotype-phenotype correlation in patients with familial Mediterranean fever. Mol Biol Rep 2020; 47: 1835–1843, DOI: 10.1007/s11033-020-05277-x.
- 16. Ben-Chetrit E, Touitou I. The significance of carrying MEFV variants in symptomatic and asymptomatic individuals. Clin Genet 2024; 106: 217–223, DOI: 10.1111/cge.14566.
- Bernot A, da Silva C, Petit JL, et al. Non-founder mutations in the MEFV gene establish this gene as the cause of familial Mediterranean fever (FMF). Hum Mol Genet 1998; 7: 1317–1325, DOI: 10.1093/hmg/7.8.1317.
- Kriegshäuser G, Enko D, Hayrapetyan H, et al. Clinical and genetic heterogeneity in a large cohort of Armenian patients with late-onset familial Mediterranean fever. Genet Med 2018; 20: 1583–1588, DOI: 10.1038/gim.2018.46.
- 19. Giaglis S, Papadopoulos V, Kambas K, et al. MEFV alterations and population genetics analysis in a large cohort of Greek patients with familial Mediterranean fever. Clin Genet 2007; 71: 458–467, DOI: 10.1111/j.1399-0004.2007.00789.x.
- 20. Sedivá A, Horváth R, Maňásek V, et al. Cluster of patients with Familial Mediterranean fever and heterozygous carriers of mutations in MEFV gene in the Czech Republic. Clin Genet 2014; 86: 564–569, DOI: 10.1111/cge.12323.
- Richards S, Aziz N, Bale S, et al. ACMG Laboratory Quality Assurance Committee. Standards and guidelines for the interpretation of sequence variants: a joint consensus recommendation of the American College of Medical Genetics and Genomics and the Association for Molecular Pathology. Genet Med 2015; 17: 405–424, DOI: 10.1038/gim.2015.30.
- 22. Palmeri S, Penco F, Bertoni A, et al. Pyrin Inflammasome Activation Defines Colchicine-Responsive SURF Patients from FMF and Other Recurrent Fevers. J Clin Immunol 2024; 44: 49, DOI: 10.1007/s10875-023-01649-7.
- 23. Di Gioia SA, Bedoni N, von Scheven-Gête A, et al. Analysis of the genetic basis of periodic fever with aphthous stomatitis, pharyngitis, and cervical adenitis (PFAPA) syndrome. Sci Rep 2015; 5: 10200, DOI: 10.1038/srep10200.
- 24. Perko D, Debeljak M, Toplak N, Avčin T. Clinical features and genetic background of the periodic Fever syndrome with aphthous stomatitis, pharyngitis, and adenitis: a single center longitudinal study of 81 patients. Mediators Inflamm 2015; 2015: 293417, DOI: 10.1155/2015/293417.
- 25. Gattorno M, Caorsi R, Meini A, et al. Differentiating PFAPA syndrome from monogenic periodic fevers. Pediatrics 2009; 124: e721–728, DOI: 10.1542/peds.2009-0088.
- 26. Sundaram B, Kanneganti TD. Advances in Understanding Activation and Function of the NLRC4 Inflammasome. Int J Mol Sci 2021; 22: 1048, DOI: 10.3390/ijms22031048.
- 27. Chear CT, Nallusamy R, Canna SW, et al. A novel de novo NLRC4 mutation reinforces the likely pathogenicity of specific LRR domain mutation. Clin Immunol 2020; 211: 108328, DOI: 10.1016/j.clim.2019.108328.
- Burbela E, Volianska L, Boyarchuk O. Clinical features and diagnosis of PFAPA syndrome: approach of the primary care physician. Pediatr Pol 2021; 96: 168–172, DOI: 10.5114/polp. 2021.109301.
- 29. Pardeo M, Bracaglia C, De Benedetti F. Systemic juvenile idiopathic arthritis: new insights into pathogenesis and cytokine

directed therapies. Best Pract Res Clin Rheumatol 2017; 31: 505–516, DOI: 10.1016/j.berh.2018.02.002.

- La Bella S, Rinaldi M, Di Ludovico A, et al. Genetic Background and Molecular Mechanisms of Juvenile Idiopathic Arthritis. Int J Mol Sci 2023; 24: 1846, DOI: 10.3390/ijms24031846.
- Baysac K, Sun G, Nakano H, et al.; PLCG2-Immune Dysregulation Working Group; Mace E, Milner JD, Ombrello MJ. PLCG2-associated immune dysregulation (PLAID) comprises broad and distinct clinical presentations related to functional classes of genetic variants. J Allergy Clin Immunol 2024; 153: 230–242, DOI: 10.1016/j.jaci.2023.08.036.
- 32. Vyzhga Y, Wittkowski H, Hentgen V, et al.; AID-Net JIRcohortEurofever/PRINTO. Unravelling the clinical heterogeneity of undefined recurrent fever over time in the European registries on Autoinflammation. Pediatr Rheumatol Online J 2024; 22: 55, DOI: 10.1186/s12969-024-00987-z.
- 33. Karamanakos A, Vougiouka O, Sapountzi E, et al. The expanding clinical spectrum of autoinflammatory diseases with *NOD2* variants: a case series and literature review. Front Immunol 2024; 15: 1342668, DOI: 10.3389/fimmu.2024. 1342668.
- 34. Boyarchuk O, Kovalchuk T. Overlapping clinical features of systemic juvenile idiopathic arthritis and SARS-CoV-2-related

multisystem inflammatory syndrome in children. Reumatologia 2023; 61: 63–70, DOI: 10.5114/reum/161185.

- Boyarchuk O, Volianska L. Autoimmunity and long COVID in children. Reumatologia 2023; 61: 492–501, DOI: 10.5114/reum/ 176464.
- Boyarchuk O, Predyk L, Yuryk I. COVID-19 in patients with juvenile idiopathic arthritis: frequency and severity. Reumatologia 2021; 59: 197–199, DOI: 10.5114/reum.2021.107590.
- Keller L, Rabinovitch N. Post COVID recurrent fever in children with polymorphisms in the innate immunity regulator, pyrin; MEFV gene. J Allergy Clin Immunol Pract 2023; 11: 1943–1944, DOI: 10.1016/j.jaip.2023.02.036.
- Pan P, Shen M, Yu Z, et al. SARS-CoV-2 N protein promotes NLRP3 inflammasome activation to induce hyperinflammation. Nat Commun 2021; 12: 4664, DOI: 10.1038/s41467-021-25015-6.
- Volianska LA, Burbela EI, Kosovska TM, et al. Long COVID in children: frequency and diagnostic challenges. Ukrainian Journal of Perinatology and Pediatrics 2023; 3: 101–106, DOI: 10.15574/PP.2023.95.101.
- 40. Boyarchuk O, Lewandowicz-Uszyńska A, Kinash M, et al. Physicians' awareness concerning primary immunodeficiencies in the Ternopil Region of Ukraine. Pediatr Pol 2018; 93: 221–228, DOI: 10.5114/polp.2018.77435.