

Dear Students, Interns, Rheumatologists, and all Doctors Interested in Autoimmunity,

The “Navigate Autoimmunity” Conference is dedicated to you. Its goal is to engage all the interested in a discussion on whether we can navigate autoimmune processes and what challenges face the modern medicine. Thanks to the involvement of many of you, who joined our efforts and of your mentors, the abstracts presented in this supplement were created, reflecting today’s difficulties and challenges concerning all fields of medicine, not just rheumatology. Thanks to the invited guests, we were able to delve into various issues pertaining to the domain of autoimmunity – e.g. the genetics of autoimmune diseases, the role of adjuvants and cannabinoids in the development of autoimmunity, and the perception of difficult-to-treat diseases, using the RA as an example. I would like to thank all the Authors, lecturers, reviewers, members of the Scientific Committee, and the Organising Committee for their efforts and enthusiasm, thanks to which we were able to organise the conference and create this supplement. I would also like to thank all the Conference patrons, thanks to whom we were able to recognise and award the authors. Finally, trying to answer the question: “can we navigate autoimmunity?” It can be said that even if we succeed to some extent, the phenomenon of autoimmunity still surprises us in many ways and brings with it new challenges, as well as new discoveries, including drugs that act more and more precisely on the immune system.

I strongly encourage you to take a look at the presented abstracts so to better understand and navigate the issues of autoimmunity.



Maria Maślińska
Editor-in-chief
Reumatologia Journal
Head of the Scientific Committee

Warsaw, March 14, 2026