

Dear Colleagues!

Navigare necesse est, states the ancient Latin wisdom. Thus, let us set sail and embark towards the uncharted, rough seas to fill in the blank spots on the map of medical knowledge.

May we discover places appearing distant, threatening, and unrecognised. These lands of mystery during medical studies are often autoimmune diseases – rare, with vague, atypical symptoms.

A successful voyage depends on a skilled crew. For this reason, we are particularly pleased with the interdisciplinary nature of our meeting, as each of us is interested in different areas of medical research to which we want to devote our professional future as healthcare professionals.

As future physicians aspiring to specialise in rheumatology, respiratory medicine, nephrology, cardiology, internal medicine, or general practice, we want to speak a common language, based on one, most important principle: *salus aegroti suprema lex esto*.

On behalf of the Navigate Autoimmunity 2026 Organising Committee, I cordially thank you for taking part in the conference and wish you every success in your professional and academic endeavors. We hope this will also be an opportunity for you to establish new contacts and fruitful cooperation.

Bon voyage!

Paweł Piluch
Head of the Organising Committee

Warsaw, March 14, 2026

